

**PROFESSIONAL EXPERIENCE**

2016 to present **Robson Forensic, Inc.**  
*Associate*

Provide forensic investigation, analysis, report, and testimony as it relates to issues involving standard of care in acute care hospitals, long term acute care hospitals, acute inpatient rehab facilities, sub-acute rehab facilities, skilled nursing facilities, and outpatient centers.

Standard of Care issues as they relate to:

Supervision - appropriateness of healthcare setting for provision of care, staff training and competence, program compliance

Policies and Procedures – analysis of organizational structures, formulation, implementation and evaluation of policies, procedures, and practices specific to organizational context, performance evaluations, best practices, program compliance

Care Plan Analysis - assessment of: evaluative tests and techniques used by clinicians to develop an appropriate care plan, interventions chosen to address goals and objectives, frequency and duration of care provided, timing of reassessments and care plan modifications, demonstration of interdisciplinary collaboration, standard of care, appropriateness of discharge timing and destination

Safety –prevention of patient falls, optimization of patient handling through technique and equipment, the environment of care, and compliance with facility standards and codes.

Risk Management – analysis of incidents, identification of hazards, completion of incident reports, equipment failure, corrective actions, analysis of trends and reporting of program and safety compliance

Related Experience:

Patient Assessment and Care

- Evaluated, treated, and directed patient care in numerous hospital and rehabilitation settings:
  - Acute Hospitals
  - Acute Inpatient Rehabilitation Facilities
  - Subacute Rehabilitation Facilities
  - Skilled Nursing Facilities
  - Outpatient Therapy Clinics
- Trained patients on use of braces, and physician directed precautions (weight bearing, movement or activity restrictions, positioning)
- Assessed, trained, and assigned durable medical equipment to patients including wheelchairs, walkers, axillary crutches, Lofstrand crutches, hemi-walkers, knee scooters, canes, Hoyer lifts, full body and stand assist lifts.

CHRISTIAN MONGRAIN, PT, DPT, HEM  
Doctor of Physical Therapy and Healthcare Administration Expert

Quality of Care

- Performed staffing including hiring employees and utilizing contracted agency staff
- Ensured all therapy staff were compliant with state and federal regulations, and competent in skills required to perform duties
- Participated in Infection Control Committees and participated in initiatives to reduce infection rates within multiple facilities
- Monitored and trained staff in Personal Protective Equipment (PPE) use and proper hand hygiene to prevent spread of infection
- Monitored and investigated patient incidents involving unintended or unexpected outcomes
- Purchased, inspected, cleaned, inventoried, and performed preventative maintenance on rehabilitative and durable medical equipment

Fall Investigation and Prevention

- Performed Root Cause Analysis of incidents involving patient falls in hospital and rehab facilities
- Created and provided staff training to prevent patient falls
- Participated on the interdisciplinary care team involving creation/modification/implementation of fall prevention interventions
- Participated on Fall Committees in Hospitals and Rehab Facilities

Safe Patient Handling / Patient Transport

- Trained the interdisciplinary team on safe and effective patient transfer techniques, including use of Hoyer Lifts, standing lifts, wheelchairs, stretchers, horizontal transfer devices, specialized chairs and beds.
- Provided fall prevention and body mechanics training to staff
- Identified and communicated most appropriate mode of patient transportation
- Performed patient vehicle transfer assessments and training
- Assisted wheelchair patients during transportation: vehicle loading and unloading, application of wheelchair securement and passenger restraint systems, and monitoring of patients during transit

Interdisciplinary Team

- Participated in Care Conferences where the employees of all disciplines providing care for the patient communicate information to concur on a plan of care and discharge plan
- Created, modified, and implemented the individualized patient Interdisciplinary Plans of Care (IPOC), and supervised staff performing these requirements
- Communicated with doctors, nurses, respiratory therapists, nurse aides, social workers, case managers, dietary specialists, ancillary services, and other therapists to optimize patient care

Patient Confidentiality and Privacy

- Completed annual Health Insurance Portability and Accountability Act (HIPAA) Training
- Participated in training of staff on HIPAA, and ensured all therapy staff were competent and compliant

CHRISTIAN MONGRAIN, PT, DPT, HEM  
Doctor of Physical Therapy and Healthcare Administration Expert

Policy and Procedure

- Completed annual review, revision, creation, training, and enforcement of Policy and Procedures for therapy departments within multiple settings
- Ensured that all therapy staff practiced in accordance with all federal and state regulations for provision of care, infection control, and charge entry

Facility and Equipment Safety

- Performed regular assessments of the facility and equipment as a clinician and a member of the Environment of Care Committee to identify defective or expired equipment, potential hazards, and violations of standards
- Provided training to staff on procedures for visually inspecting equipment prior to use, and policy for tagging and removing equipment in need of repair
- Provided training to staff on new equipment prior to use

2016 to present

**Einstein Medical Center Montgomery, Moss Rehab**

*Per Diem Physical Therapist*

- Provide therapy to patients with diverse diagnoses in the hospital setting

2016

**Capstone Physical Therapy**

*Independent Contractor*

- Co-develop marketing strategy for business growth
- Establish relationships with surrounding physician practices and improve communication with existing referral sources

2013 to 2015

**Good Shepherd Penn Partners**

*Director of Acute Therapies*

- Led all inpatient therapies (Physical Therapy, Occupational Therapy, Speech Therapy, and Recreational Therapy) for Penn Medicine's Philadelphia hospitals and inpatient facilities:
  - Hospital of the University of Pennsylvania
  - Penn Presbyterian Medical Center
  - Pennsylvania Hospital
  - Penn Institute for Rehab Medicine
  - Penn's Long Term Acute Care Hospital
  - Penn Center for Rehabilitation
  - Penn Presbyterian Center for Continuing Care
- Monitored compliance with standards established by The Joint Commission (TJC) and Department of Health (DOH), as well as requirements for certification by the Centers for Acute Rehab Facilities (CARF) in diagnostic categories of Amputation, Brain Injury, Stroke, Spinal Cord, and Comprehensive Rehab
- Collaborated with all referral sources to ensure appropriate settings were chosen for rehabilitative care based on standards and regulations, and then monitor care plans and outcomes

CHRISTIAN MONGRAIN, PT, DPT, HEM  
Doctor of Physical Therapy and Healthcare Administration Expert

- Restructured therapy leadership at Penn Rehab to ensure appropriate oversight by competent and available mentors
- Reviewed and updated inpatient therapy policies annually and as needed
- Performed patient and staff rounding to ensure optimal care delivery and satisfaction
- Participated in numerous hospital committees including: Senior Leadership, PennChart Clinical Operations, Clinical Readiness, Clinical Documentation, Quality, Wound Care, Falls, Bold Strategy, Transitions in Care, Stroke Steering
- Created and managed staffing budget for all inpatient therapy entities including of \$9 million in annual contracted therapies to Penn Medicine hospitals with less than 1% variance
- Increased therapist productivity by 19% over a 2 year period as measured by patients per day
- Provided strategic planning and contributed to the build of PennChart, the Penn Medicine conversion of electronic medical record
- Maintained regular communication including updates among hospital administrators, senior leadership, therapy site and assistant therapy managers
- Recruited, hired, and oriented new staff
- Identified, achieved support for, and then implemented a tool for measuring functional outcomes across disciplines and the continuum of care

*Interim Administrator for Penn Institute for Rehab Medicine*

2014

- Led all ancillary departments for a 58 bed acute inpatient rehab including Pharmacy, Materials Management, Information Systems, and contracted services of EVS and Dietary
- Created the FY15 budget including projections for average daily census and staffing, capital purchases, and contracted services
- Developed strategic plan including growth of census, quality improvement, employee satisfaction, and expense reduction

2008 to  
2013

**Chestnut Hill Hospital, Community Health Systems**

*Director, Physical Medicine Department*

- Re-established hospital employed therapy services from a contracted employer, including establishing new insurance contracts and providing communication and continuity of care for referral sources
- Managed daily therapy operations provided for 124 bed acute care hospital and outpatient in 2 locations
- Provided clinical services as a physical therapist to patients in the hospital and emergency department
- Participated in numerous hospital committees including: Patient Satisfaction/Standards (Co-Chair), Worksite Injury Management, Infection Control, Rewards and Recognition, Bright Ideas, Performance Improvement, Activities, Commitment to Quality / Continuum of Care, Skin, Falls, Environment of Care, Stroke, Joint Commission Prep
- Maintained staff productivity at or above 97%
- Recruited and hired all staff for needed services, and established contract for outsourcing aquatics
- Marketed to and maintained quality relationships with community members and referral sources

CHRISTIAN MONGRAIN, PT, DPT, HEM  
Doctor of Physical Therapy and Healthcare Administration Expert

- Effectively grew volumes to necessitate opening a satellite outpatient therapy facility, and then successfully established and managed that site
- Evaluated community need for more comprehensive wound care provision and availability of space, providers, and capital to establish a program
- Oversaw successful start-up of a Comprehensive Center for Wound Healing, and then directed operations 7/11 – 8/13
- Served as interim Director of Respiratory Therapy in 2009

2007 to **Traditions Management, Montgomery Rehab Hospital**

2008 *Vice President, Rehabilitation*

- Managed daily operations of a 30 bed acute inpatient rehab facility, a 30 bed SNF, 3 outpatient therapy centers including aquatics, and acute care therapies at Chestnut Hill Hospital
- Successfully completed a CARF survey for a 3 year accreditation
- Maintained and established all therapy contracts (pediatrics, speech therapy, site for aquatic physical therapy, vestibular therapy for a physician practice)
- Made inventory and equipment purchase decisions
- Established a Therapy Co-Op program to provide training of graduate level therapy students, while simultaneously providing leadership training for staff

2006 to **RehabCare Group, Inc., Mercy Fitzgerald Hospital**

2007 *Program Director, Inpatient Rehabilitation*

- Managed daily operations of a 21 bed acute inpatient rehab facility
- Ensured Medicare compliance with admissions and provision of therapy
- Coordinated marketing to draw patients to Mercy Fitzgerald for their post acute rehabilitation
- Successfully completed a CARF survey for a 3 year accreditation
- Corresponded daily with the Medical Director on matters concerning the two Psychiatry groups

2006 to **Temple University Hospital**

2007 *Per Diem Physical Therapist*

- Provided therapy to patients with diverse diagnoses in the gym and at the bedside

2006 to **Thomas Jefferson University Hospital**

2008 *Per Diem Physical Therapist*

- Provided therapy to patients with diverse diagnoses in the gym and at the bedside

CHRISTIAN MONGRAIN, PT, DPT, HEM  
Doctor of Physical Therapy and Healthcare Administration Expert

- 2004 to 2006 **Hahnemann University Hospital**  
*Supervisor/Manager, Department of Rehabilitation*
- Managed 28 therapists to ensure quality patient care, productivity benchmarks are met, and employee, physician, and patient satisfaction are attained
  - Provided therapy to patients with diverse diagnoses throughout the hospital
  - Maintained fiscal budget including payroll and inventory
  - Ensured appropriate rehabilitation policy and procedures
  - Developed and implemented “Heads-Up to Prevent Pneumonia”, which contributed to significant decrease in hospital acquired pneumonia rates
  - Provided injury prevention education to all hospital staff and ergonomic assessments on an as-need basis
  - Participated in numerous hospital committees including: Worksite Injury Management, Quality Improvement, Employee Satisfaction
- Lead Therapist, Physical Therapy Department* 4/03 - 4/04
- Provided therapy to patients with diverse diagnoses throughout the hospital
- Physical Therapist, Physical Therapy Department* 7/99 - 4/03
- Provided therapy to patients with diverse diagnoses throughout the hospital

## PROFESSIONAL CREDENTIALS

PA State Physical Therapy License PT012897L, expires 12/31/22  
Healthcare Environmental Manager  
American Heart Association Basic Life Support (CPR/AED) Certified

## EDUCATION

Doctor of Physical Therapy, Arcadia University, Glenside, PA, 2018  
Master of Physical Therapy, Temple University, Philadelphia, PA, 1999  
Bachelor of Science, Health Education, Temple University, Philadelphia, PA, 1996  
Temple University, Fox Business School

### *Continuing Education*

Annual Hospital Compliance Courses, Einstein Medical Center Montgomery:

- Abuse and Neglect, 2021, 2020, 2019, 2018
- Aggression/Violent Situation Prevention, 2018
- Albert Einstein Healthcare Network Compliance Code of Conduct, 2021, 2019, 2018
- Annual Required Training Group: Clinical, 2021
- Bariatric Equipment and Care, 2017
- Blood borne Pathogens and Infectious Agents, 2021, 2020, 2018
- Cerner Support App Guide Revision, 2021

CHRISTIAN MONGRAIN, PT, DPT, HEM  
Doctor of Physical Therapy and Healthcare Administration Expert

- Combatting Medicare Part C and D Fraud, Waste and Abuse, 2017
- Corporate Compliance, 2018
- COVID-19 Essentials for Einstein Employees, 2021
- Culturally Competent Healthcare, 2021, 2020, 2018
- Diversity, Equity, and Inclusion Annual Required Training, 2021
- EHAC Early Heart Attack Care, 2018
- Email Security Training Game, 2021
- EMCM Bariatric Sensitivity for the Healthcare Worker, 2021, 2019
- EBSCO: Bariatric Patients: Transfer-an Overview, 2019
- EMCM Breastfeeding Education, 2021
- EMCM Clinical Staff No Pass Zone Fall Prevention Program, 2017
- EMCM Dysphagia Screening and Assessment, 2018
- EMCM Early Heart Attack Care (EHAC) & Hands-Only CPR, 2021, 2019
- EMCM Out of Bed Nurse Driven Protocol, 2018
- EMCM Safe Haven Newborn Protection Act of Pennsylvania, 2021
- EMCM Safe Patient Handling, 2021, 2020, 2019
- EMCM Stroke Annual Update – Clinical Staff, 2021, 2020, 2019
- Emergency Management, 2021, 2020, 2018
- Fire Safety, 2021, 2020, 2018
- Fraud, Waste, & Abuse and ACO, 2019
- General Corporate Compliance Annual Training, 2021, 2019
- General Infection Control Principles, 2021
- General Safety, 2021, 2020, 2018
- Hand Hygiene Annual Required Training, 2021, 2020
- Hazardous Materials & Waste Management, 2021, 2020, 2018
- HillRom Centrella 355 Bed Overview, 2021
- Impaired Employee, 2018
- Information Security, 2021, 2020
- Kronos Payroll Training, 2018
- Latex Allergy, 2018
- Leaf Healthcare Patient Monitoring System, 2019
- Medical Equipment, 2021, 2020, 2018
- Medicare Parts C and D General Compliance Training, 2018, 2017
- Patient Privacy, 2021, 2020, 2018
- Patient Safety, 2021, 2020
- Radiation & MRI Safety, 2020, 2018
- Responding to Impairment in the Healthcare Workplace, 2021, 2020
- Risk Management, 2021, 2020, 2018
- Safe Patient Handling, 2021, 2020, 2019
- Security Management, 2021, 2020, 2018
- Sharps Safety, 2021, 2020, 2018
- Timekeeping, 2021, 2020

CHRISTIAN MONGRAIN, PT, DPT, HEM  
Doctor of Physical Therapy and Healthcare Administration Expert

- Utilities Management, 2021, 2020, 2018
  - Workplace Violence, 2021, 2020
  - Work-Related Injury/Illness, 2021
- Navigating at the Intersection of Chronic Pain and Substance Use Disorders, 2020  
Defensible Documentation Part 2: If You were the Auditor, 2020  
Amputation Grand Rounds April 2020: Scar Wars, 2020  
PACER Series: Vital Signs, Exercise Prescription, Oxygen Devices, 2020  
Productivity vs. Value: Why We Need to Change the Discussion, and How YOU Can! 2020  
Health Coaching in Physical Therapy Practice: A Tool to Support Patient Behavior Change and Improve Rehabilitation Outcomes, 2020  
Information on APTA's Revised Code of Ethics for the Physical Therapist and Standards of Ethical Conduct for the Physical Therapist Assistant, 2020  
Physical Therapy Considerations for Complex Edema Management, 2020  
PACER Series: Cardiovascular and Pulmonary Anatomy and Physiology, 2020  
Child Abuse: An Overview for Mandated Reporters, 2020  
Navigating the Regulatory Environment: Ensuring Compliance While Promoting Professional Integrity, 2020  
Defensible Documentation: Critical Documentation from the Payer Perspective, 2020  
Defensible Documentation: A Framework for Physical Therapy Documentation, 2020  
Ethical Practice in Post Acute Care in 2020 and Beyond, 2020  
Pennsylvania Safety Authority, "Warning Fatigue" Now a Matter of Criminal Liability, 2020  
Q-Straint: Wheelchair Securement Training Webinar 2020  
Securement 101: Basic Wheelchair Securement Training, Q'Straint/SURE-LOK, 2020  
Clinical Decision Making in Prescription, Procurement and Fitting of the Manual Wheelchair, Wheelchair Seating and Accessories for the Adult Patient, Moss Rehab 2019  
Ethics in Practice: Examining Medical Errors. Pennsylvania Physical Therapy Association, 2018  
PASS Basic Training Program, Community Transportation Association, 2018  
Case Analysis, Doctorate Course, Arcadia University, 2018  
Neuromuscular Tissue, Doctorate Course, Arcadia University, 2017  
Cardiopulmonary Physical Therapy, Doctorate Course, Arcadia University, 2017  
Health Promotion and Wellness, Doctorate Course, Arcadia University, 2017  
Teaching Methods, Doctorate Course, Arcadia University, 2017  
Medical Screening, Doctorate Course, Arcadia University, 2017  
Clinical Decision Making, Doctorate Course, Arcadia University, 2017  
Annual Hospital Compliance Courses, Einstein Medical Center Montgomery, 2016  
Pharmacology, Doctorate Course, Arcadia University, 2016  
Professionalism Module 1: Introduction to Professionalism, 2016  
Professionalism Module 2: History of Professionalism in Physical Therapy, 2016  
Professionalism Module 3: Ethical Compass, 2016  
Recognizing and Reporting Child Abuse: Mandated and Permissive Reporting in Pennsylvania, 2016  
Deputy for Early Heart Attack Care, 2016  
Pharmacology, Doctorate Course, Arcadia University, 2016  
Diagnostic Imaging, Doctorate Course, Arcadia University, 2016  
Preventing Fraud, Abuse, and Waste: A Primer for Physical Therapists, 2016



CHRISTIAN MONGRAIN, PT, DPT, HEM  
Doctor of Physical Therapy and Healthcare Administration Expert

What's Right: Making Decisions in Patient Care, 2016  
The Role of the Physical Therapist in the Management of Patients at Risk for Wounds, 2016  
Falls in Community Dwelling Older Adults, Part II: Examination and Evaluation, 2016  
Falls in Community Dwelling Older Adults, Part III: Reducing Falls in Inpatient Settings, 2016  
Promoting Early Mobility and Rehabilitation in the Intensive Care Unit, 2016  
Penn Leadership Training 2014 - 2015  
Studer Leadership Development, 2009 – 2015  
Ergonomic Evaluation, Roy Matheson & Associates 2001

**PROFESSIONAL MEMBERSHIPS**

American Physical Therapy Association  
Human Factors and Ergonomics Society, Healthcare Technical Group  
Pennsylvania Physical Therapy Association  
RESNA Standards Committee on Wheelchairs and Transportation (COWHAT)  
ANSI Work Group for Wheelchair Restraint Systems (ISO/TC 173/SC1/WG 6)

**AWARDS**

Employee of the Year 2003, Hahnemann University Hospital

EXPERT NOT RETAINED